Dear Friends,

2019 was a transitional year for The Facial Pain Association. Jeff Bodington turned over the reins as Chairman of the Board to David Meyers, John Koff retired after 15 years as CEO, and I took his place in November.

We held our 11th National Conference on November 2nd and 3rd at the University of San Diego School of Medicine, which was sponsored by the UCSD Department of Neurosurgery. Several hundred people affected by facial pain listened to speakers and participated in discussions about a variety of relevant topics, had time to speak with doctors and enjoyed networking time with others. Several members of the FPA Medical Advisory Board also traveled to San Diego to present on topics including diagnosis, treatment, medication and therapies.

2019 also marked a growth in the FPA Facebook community – our closed group, the Official Trigeminal Neuralgia Network, includes more than 15,000 members who can share their experiences, ask questions, support others as they experience new challenges and cheer their successes.

More than 6,000 people seeking information about their condition contacted FPA in 2019. We provided them with a free Patient Guide and connected them to many resources and support. Our educational webinar series also continued to be a popular program in 2019.

2020 marks the 30th Anniversary of our organization. Claire Patterson, the founder of what was originally the Trigeminal Neuralgia Association, graced us with her presence at the San Diego conference and expressed her enthusiasm for our plans to expand our Support Group program and engage new healthcare providers.

The Board of Directors has embarked on a strategic planning process. This work will serve as the roadmap to improve and thoughtfully grow the programs and services that are most important to the facial pain community. In addition, the support of our board of directors, medical advisory board, donors and sponsors will help us to grow in 2020. We are grateful to these dedicated volunteers and professionals who ensure we meet our mission of support, education and advocacy to people suffering with facial pain and their loved ones around the globe.

The FPA Young Patients Committee is a passionate group of people under age 40 affected by facial pain. Their TN Awareness Day video, #ChooseToSmile had 2,600 views and, across all four social media platforms, the group has 3,000 followers. The committee was able to sponsor nine young individuals with facial pain to attend the national conference and began a junior ambassador program.

FPA is incredibly grateful for our wonderful volunteers as we look to 2020 and beyond, we plan to grow our support group program, provide ongoing education and training for volunteers, and support their efforts to help patients and caregivers in their communities.

On this 30th anniversary of FPA, we recommit ourselves to serving every person affected by neuropathic facial pain, becoming more responsive, offering new ways to connect and bringing more programs to you. Thank you to all those who support this wonderful organization and ensure we will be able to continue to help those who so desperately need it.

Allison Feldman, CEO

WHO ARE WE?
The Facial Pain Association (FPA), a non-profit, 501(c)(3) volunteer organization, was founded in 1990 by a team of people who were profoundly grateful for recovery from years of disabling trigeminal neuralgia pain. The organization now assists thousands of others around the world. FPA has emerged as the world’s leading resource for information and health care guidance for all people suffering from neuropathic facial pain. Both patients and healthcare professionals benefit from its programs of education, personal support, and advocacy. The Association is governed by a Chief Executive Officer and a Board of Directors.

OUR MISSION
To serve those with neuropathic facial pain, including trigeminal neuralgia, through support, education, and advocacy.
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Cindy Ezel
Patient Services Coordinator

Pam Neff
Patient Support Volunteer

The Young Patients Committee

is comprised of TN patients, ranging in age from 18-39 from across the United States.

Stephanie Blough, President
Kenzie Winslow
Ellie Eichenlaub
Rachel Triay

Not pictured, YPC Junior Ambassadors:
Mollie Dyer
Elaina Jackson
Thank you for helping to further the mission of the FPA in 2019

360,000 website visits

225 National Conference attendees

20,000 mailed
120,000 emailed

6,000 downloaded

facebook.com/facialpainassociation
Private group:
10,000 likes
15,000 members
50,000 posts/comments/reactions

twitter.com/facialpainassoc
3,500 followers
60,000 impressions
2,000 profile visits

400 webinar registrants per session

150 national and international personal support resources

2,000 profile visits

@tnaypc
@ypcna

3,500 followers
60,000 impressions
2,000 profile visits

@youngpatients
@tnaypc
@tnypc

*A member is anyone who donated $50 or more in 2019
2019 Programs & Support Services

As of December 31, 2019

2019 Sources of Revenue

- Donations: 71%
- Conference Fees: 11%
- Professional Memberships: 13%
- Sale of Materials: 3%
- Sponsorships: 2%

Use of Funds

- Patient Programs: 79%
- Fundraising: 13%
- Supporting Services: 8%
**SUSTAINER CIRCLE**

We gratefully recognize all donors who have signed up to become FPA monthly donors, having funds directly charged to their credit card or withdrawn from their bank account automatically each month. These donations provide a reliable source of funding that allows us to sustain the initiatives of the Facial Pain Association while spending fewer resources on fundraising.

We welcome our current monthly donors, listed below, into the newly established Sustainer Circle.
- Douglas Caldwell
- Kelly & Robert Camp
- Anne & Stephen Fleming
- Lorri Genack
- Frank Moreno
- Lynn Wendell

As we celebrate the 30th Anniversary of our founding, the FPA hopes to continue providing support, education and advocacy to those who need it for another 30 years. You can help secure this future by choosing to include the Facial Pain Association in your estate plan.

By including us in your will or living trust, naming us as a beneficiary under an individual retirement account or otherwise including us in your estate plan, you will secure the future of the FPA mission and forever be remembered as a member of our Legacy Society.

Please contact us for further details.

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*Individual Membership Program Recognition Levels*

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<th>Amount Range</th>
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<td>($5,000 to $14,999)</td>
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<td>($500 to $1,999)</td>
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<td>Patron</td>
<td>($100 to $499)</td>
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Chikezie Eseonu, MD
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Melvin Field, MD
Brian D. Fuselier, DDS
Steven L. Giannotta, MD
Jordan C. Grabel, MD
Thomas W. Grahm, MD
Andrew W. Grande, MD
Stephen Griffith, MD
Babak Jahromi, MD, PhD
Sheldon Jordan, MD, FAAN
Wayel Kaakaji, MD
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Varun Kshettry, MD
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Timothy Link, MD
Jonathan Lustgarten, MD
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Robert A. Mericle, MD
Yaron A. Moshel, MD, PhD
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Joseph S. Neimat, MD, MS
Ty J. Olson, MD
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James Robinson, MD
Benjamin Rosenbaum, MD
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Three Decades of Support

Claire Patterson, Founding Director

When did you first start having symptoms and what were they?
Like most individuals with trigeminal neuralgia (TN), I can still remember my first excruciating TN attack in 1976. One morning while putting on my makeup I touched the tip of my nose and a bolt of pain passed through my check. Although the pain was brief, it was not like anything I had ever experienced. Prior to this, I had two years of a dull toothache-like pain on the left side of my face. After many x-rays and visits to the dentist, I was assured that the pain was not a dental problem. Today, this pattern of starting out with vague symptoms before developing into the sharp, piercing attacks of TN is called pre-trigeminal neuralgia. As the attacks became more intense and consistent, a diagnosis of TN was easily confirmed by my internist.

What treatments did you receive and were they successful?
The first few years of my TN journey were managed by medication. As the attacks became more frequent and intensified, additional prescriptions were added to the mix. Over time, this cocktail of medications became less effective and the side effects more debilitating. It was evident that medical management was no longer doable, and I was eventually hospitalized in a university teaching hospital.

While there, the only surgical option offered to me was to sever the nerve. In the meantime, my internist had read about a new neurosurgical procedure being pioneered by Dr. Peter Jannetta – the microvascular decompression (MVD). Luckily, I chose to decline severing the nerve, left the hospital, traveled to Pittsburgh for a consultation with Dr. Jannetta and had an MVD on December 1, 1987. I have been pain-free ever since – 33 years!

What prompted you to start the TNA?
Before being discharged following my MVD, I met another TN patient who had also never talked with anyone else with TN. How different my TN journey would have been if I had been able to connect with others like her who had the same disorder. Being in the company of others to share information and experiences provides the unique opportunity to validate what you are experiencing. When I mentioned to Dr. Jannetta that there should be an organization for people with this disorder, his answer was simply “Why don’t you start one?” Who could decline such a request from the doctor who had given you back your life?

How has the Association grown over the years?
My initial vision of the organization was one whose primary focus was to provide information and support to those afflicted with TN and to their families. Once TNA’s nonprofit, tax-exempt status was secured, I enlisted Dr. Jannetta’s support to chair and appoint a Medical Advisory Board (MAB). His enthusiasm and support were indeed inspiring. Many of the key specialists in the treatment of TN that he appointed are still actively involved with the Association today. Dr. Jannetta’s leadership and MAB participation established the medical credibility that was so vital to the growth of the Association.

A great deal of progress has been realized since TNA’s founding in 1990, when the national office consisted of a wall phone and my kitchen countertop in Barnegat Light, NJ. At that time, our mailing list consisted of 13 individuals and the operating budget was less than $500. Yes, we have come a long way!

As the Association has grown in its ability to serve those who turn to us for help, it has also achieved increased awareness and recognition by the medical/dental community for TN and neuropathic facial pain disorders. TNA/ the Facial Pain Association has grown from its humble beginning to become a world-wide resource for information and support. Technology has certainly changed the operations of the Association; however, its mission remains unchanged and will continue to be the guiding light for the challenges faced both now and in the future.

Launching the first Pittsburgh area Support Group with Dr. Jannetta’s help, 1994
When did you first start having symptoms?

At first, I felt strange - sensations – numbness, tooth pain, etc., but didn't really pay it much mind. At age 42, I had a root canal and felt a lot of pain after that. I don't know whether the sensations preceding the root canal were early symptoms of TN, but the toothache never resolved, even after the root canal. In fact, the achiness and heaviness were more severe. An endodontist performed an apicoectomy, a root-end resection surgery, which worked to ease the pain initially, but then the odd sensations came back.

What treatments did you receive and were they successful?

When the sensitivity returned, I went to an oral surgeon to see about having the tooth pulled. He assured me that I did not have any dental issues, so he sent me to a neurologist.

My neurologist diagnosed me with atypical odontalgia, also known as phantom tooth pain (a term no longer used) and tried a series of medications but, ultimately, nothing helped. Frustrated, I stopped seeking treatment and decided just to deal with it. This was going to be my new normal.

While at an orthodontist appointment with my kids, I mentioned my pain to the orthodontist. He referred me to a wonderful oral-facial pain dentist who listened carefully and would not stop trying different treatments and combinations of medications until, after a year, I found some relief. As in the past, this relief was only temporary.

In my research, I came across the name Dr. Steven Graff-Radford, a specialist in head, face, and neck pain and traveled to Los Angeles to see him. He was the first physician to suggest my pain was not atypical odontalgia and suggested an MRI. The MRI showed compression of the nerve.

Eleven years after my initial symptoms, I had my first MVD surgery. Eight years later I had a gamma knife procedure, and then three months later I had my 2nd MVD.

What led you to the FPA?

Interestingly, both my mother and maternal grandmother had similar experiences with facial pain. During my mother’s search for answers, she found Claire Patterson, founder of the Trigeminal Neuralgia Association (now called the Facial Pain Association). I personally connected with the association after an internet search for more information.

Through my family, I have seen how education and treatment has evolved over the years. The FPA has played a significant role in that evolution by providing advocacy and informing the community of treatment options. I went to a conference in Detroit and learned that TN should be treated like other chronic pain conditions. With that, I changed my perspective. I no longer looked for the next best treatment that may or may not work. Instead, I looked for ways to live well in spite of the pain. The FPA saved my life. I then became a Support Group Leader and was later asked to join the Board of Directors.

How does facial pain affect your life today?

I still experience pain but can mostly control it with the use of prescription drugs and medical marijuana. I keep a positive attitude and refuse to let pain stop me from living my life. I’m a wife, mother, grandmother and domestic violence victim advocate. In addition to the FPA, I volunteer at an animal shelter and work with therapy dogs. I am on the Commission that oversees AmeriCorps programs in New Jersey. I help agencies in New Jersey retain and manage volunteers. I live a full rewarding life. My grandmother and mother are my inspiration. They would be proud of how I am living and loving my life.
When did you first start having symptoms?

I remember having pains as far back as standing at the bus stop for school. I had pain in my left ear that would come and go in quick succession. I didn’t mention it to anyone because I thought it was normal. Like having a stitch in your side.

The first debilitating, stop me in my tracks pain came when I was 24. I was getting out of the shower when the worst stabbing pain I have ever felt hit me. It was as if someone was taking an ice pick and stabbing the side of my face. It took me to my knees.

What steps did you take to seek treatment?

I went to see my family physician and was diagnosed with chronic sinusitis and allergies. I was prescribed various allergy medications which eased the pain for about 2 weeks. When the pain returned, I went back to my family physician who repeated the treatment. This cycle continued for 5 years.

How and when were you diagnosed with TN?

I finally took it upon myself to see an ENT in January 2012. After a 2 ½ minute conversation about my symptoms, he was able to tell me I had a neurological condition and referred me to a neurologist. The neurologist ordered an MRI and was able to determine that I did not have any tumors causing the pain, but that I had a condition called trigeminal neuralgia.

What treatments did you receive and were they successful?

When migraine medications were unsuccessful, I was prescribed Gabapentin, an anti-convulsant, which helped ease the pain. But as the pain continued to progress, doses were increased, and I found myself struggling as a student, wife and fur-parent. So I decided to see a pain management specialist. I was treated with nerve blocks every 6 weeks and, while I responded well to these in combination with the medications, I was still experiencing pain. At that point, I went back to see my neurologist who ultimately suggested a Rhizotomy.

In October 2013, I had an outpatient Rhizotomy on a Friday, slept over the weekend and was back at work that Monday, 99% pain free. I weaned off all my medications and have been pain-free since.

What led you to the FPA?

Thankfully I have a very supportive family and husband, but I still felt alone and wanted to find other people who could relate to my journey. So, I started googling “face pain” and “TN support” and came across the FPA website, which had loads of information. I received a warm welcome when I reached out for a patient packet and started following FPA communications. I felt a sense of community – someone else gets it.

I learned about the Young Patients Committee through social media and when I saw a callout for new members, I sent in my resume, was chosen for interview and asked to become a member in 2014. In 2017 I was voted in as president and have been with YPC in total for 6 years.

What do you foresee as the future of the FPA?

I see the FPA evolving more globally. The association has hit the ground running and is doing a phenomenal job connecting and supporting people. With continued education and outreach, we will find more and more people out there who are suffering. I also see an increase in the involvement of younger patients. Neuropathic facial pain is often thought of as being a disorder predominately affecting those in their 50’s and 60’s. I see an increase in much younger patients suffering and want to assure them that they are not alone. We are a strong, supportive community as a whole. Ultimately, I see the entire facial pain community connecting, through any means, so we can grow together.
2019 ACTIVE MEMBERS

Active members are individuals who became members prior to the 2019 updated program.
Honoree name

Alexandra “Ally” Abramson
  Adele F. Abramson

Gloria Allen
  Scopelitis Law Firm

All Facial Pain Sufferers
  Kay E. Grim
  Cele La’Chance
  Raymond McCord
  Eileen Phillips
  Linda Smith

Melissa Anchan
  Michael Kuzian

Melanie Anderson

Tyler Bandtell
  Laura Ortiz

York Battey
  Estelle Haferling

Tamie Birkhofer
  Cindy Swan

Jeff Bodington
  Marian Bar
  Helen Bodington

Dr. Ronald Brisman
  Rita Welz

Dr. Jeffrey Brown
  Lonnie Capon
  Janet McConnell

Susan Bruner
  Valerie Schmieder

Linda Burnham

Donor name

Jim & Mary Butcher
  Kristine Bisanz

Heather Calkins
  Steve Calkins

Helen Carter
  Candace Beach

Dr. Ken Casey
  Donald J. Hansen
  Kathy LaForest

Dr. Jonathan D Chilton
  Georgia Loescher-Junge

Carolyn Chisom
  William Self

Julie & Kevin Cheney
  Janice H. Kelley
  Joyce Chunias

Anne Ciemnecki
  Brian Ciemnecki
  David Ciemnecki

Lori Clark
  Lorraine Clark

Marlene J. Clevenger
  Melinda Clevenger

Marshall Corson
  Lauren Corson

Karrie Cope
  Kathy Cope
  Joyce Constantino

Catherine Costello
  Theresa Cottrell
  Janet L. O’Neil

Thomas Desjardins

Noelle Eichenlaub
  Josephine Negron

Cindy Ezell
  Pam Neff

Eric Fenton
  Edward Fenton

Dr. Fernando Ferro
  Norma J. Sacca-Antonakos

Anne Fleming
  Stephen Fleming

Ashley Forman
  William Temple

Ashton Frische
  Tammie Frische

Dhun Gandhi
  Freddy Gandhi

Mandi Ginn-Franz
  Mary Ann Sgarlata

Tiffaney Gorny-Gonzalez
  Ann Freeman

Gloria Grafer
  Satori Capital, LLC

Cyndy Graham & Bill
  Julie Barraza

Tina Grimm
  Mark Vandenbord

Patricia Grizzard
  Treana Hansen

Kathy Hall
  Barry Brown

Gene Hammond
  Marca Sheese

Dr. Heir
  Suzanne Sutphin-Roland

Jim & Andrea Hodkey & family
  Alice Leone

Dr. Peter Jannetta & Dr. Ken Casey
  Janet E. King

Alice Jensen
  Nina Johnson

Jo Marie
  Giovina Margiotta

David Julian
  Debra Morrison

Dr. Kerry Johnson
  Mary E. Butcher

Patty Johnson
  Karen McCall

KC Support Group
  Kathleen Warren

Edmund L. Kelley
  Janice H. Kelley

—Continued on page 18—
HONORARY TRIBUTES 2019 cont.

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Jean & Claude Aldridge
Edmond F. Kiely
Barbara Ambrosia Knutson
John Koff
Anonymous
Carlin Lagrutta
Marilyn L. Doucette
Carole Green
Michael J. Langella
Dr. Jeffery Leach
Mary E. Butcher
Roger L. Levy
Richard Marschner
Judy Licata
Dr. Mark Linskey
Nancy Latimer
Burton Becker
Mary G. Jackson
Dr. Robert Lovely
Dorothy L. Kelliher
John Maciulla
Jane Maciulla
Maria Martinuzzi
Audrey Martinuzzi
Arthur W. Matson, Ill
David Meyers
Maureen Meyers
Warren Nesbitt
Rebecca Miller
Craig Miller
My daughter
Sandra Brendel
Noreen Newman
Linda Giacopelli
Jane Overstreet
Dr. Rob Parrish
Tatiana & Joe Christian, Jr
Michael Pasternak
Tamara Haskin
Claire Patterson
Ida R. Ashby
Fayne M. Daniels
Ruth Purchase
Jill Perera
Bobbie Perry
Mackenzie Richardson
Andy Pettjean
Susan Cavanaugh
Mary Pingel
Kelly Madden
Lindsay Weismiller
Dr. Bruce Pollock
Leonard Abrams
Brian B. Porterfield
Susan Raphaelson
Rosalind Kaufman
Roy W. Rapp III
Cheryl Rapp
Elizabeth Rasp
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Jennifer Lefkovitz
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Danielle Running
Aaron Running
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Dr. K. Singh Sahni
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Cynthia L. Okeson
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Howard Sharpe
Marilyn Collom
Dr. Marc Slutzky
Jessica Vlack
William Starr
Sophia Tatton
Charlene Churchill
Bobby Taylor II
Beverly Sutterfield
TN Patients in Illinois
Cele LaChance
Tom Wasdin
Angela Briggs
Kelley Weeks
Douglas Weeks
Amerimed coworkers:
Emily A, Emily K, Emily H, Katie, Teri, Lisa, Sue, Cindy & Lenee
Dr. Robert J. White
Jane A. Irving
Kenzie Winslow
Floyd Winslow, Jr
Linda C Wright
Amy Wolf
Stephanie Duke
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<tr>
<th>Honoree name</th>
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<tr>
<td>All with TN</td>
<td>Ida R. Ashby</td>
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<td>Andy Allen</td>
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MEMORIAL TRIBUTES 2019

Maryann Donovan
Sue Knirsch

Marilyn Hoxie
Maureen E. Muck

Carol Kirkbride

Donna Ruckert

Ardis S Johnson
LeRoy Johnson

Connor Joos
Bruce Begole
Elena Joos
Robert J. Joos, Jr
Jordan Lewis
Kara McDowell

Nicke T. Kroslow
Carol Kroslow

Marie T Lange
The Albertsen
& MacDowell families

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The Burt Family
Diane Burt
Maureen and Daniel Caine
Kathleen and Stephan Danckers
Susan and Gregory Dantio
Molly and Scott Dantio
Emily Burt’s Paddle Team
Estetica Salon
Cynthia Ganowski
Kathleen and Brian Gaul
Bermice and Tom Girgash
Michael Geespen & friends at CBIZ
Harry Greenberg
John Hannon
Kenneth Korane
Diane and Kenneth Lange
Doug Musick
Caroline and Frank Szocs
Magda and Frank Szocs
Alex James Titus
Tom Wagner

Valerie Lenovitz
Walter W Lowden

Loved Ones
Donna Kohley

Jane M. MacEachern
Mr. & Mrs. Daniel Acquaviva
Margaret Acquaviva
Zack Giampa
Daniel Delesky
Fred Doherty
Goulston & Storrs PC
Jennifer Hayes
Caroline Kane
Leo MacInnis
Steven MacMullin
Lee Mulligan
Kathleen Scanlon
Melissa Tassinari
Mr. & Mrs. Antony Walker
Jacquelyn A Wells
Lorraine Zambberardi

Emily McGee
William McGee

Thomas Minden
Michael Hannemann

Olga Mintskovsky
Felix Mintskovsky

Eric Muchin
Diane Lipenholtz

My father, Ahmad Mokhtarzadeh
Mitra Perel

Michael O’Brien, Statesman
The Colletta Family

Jacqueline Ogilvie
Emily Bradley
Meg Floyd
Mary Paris
Judith & John Ashby
Cecilia & Bradley Jacobson
Teresa & Osmond Kemp
Marina & James Lounds
Peggy & Norm Munson
Michael Richards
Rose & Allen Sunne
Lynn Symons
Jerline Peters
Connie Thomas
Elizabeth (Lizzie) Phillips
Alan Cavin
Barb Venable Cotton
Jana Jonas
Kay S. Pinneo
Claire W. Patterson
Dr. Daniel Piper
John Hartigan
Polly Potter
Carol Nelson-Douglas
Patricia Price
Guy Price
Michael Rapacchia
Anthony Rapacchia
Mary Paris
Judith & John Ashby
Cecilia & Bradley Jacobson
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Guy Price
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Anthony Rapacchia
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Dorothy Rainwater, RN
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Anne Leber
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Helen I. Roth
Judith A. Schlosser
Judith Caruso
Nell Scribner
Genevieve Lenda
Marvin Sheese
Marcia Sheese
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Ronald D Bergom
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Gemaine Hillmer
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John Lopppnow
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Russell Sjaarda
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Loran Filson
Stacy & Hal Grossman
Nancy & Michael Hagan
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Beryl & Robert Jansen
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Maggie & Dick Musselman
Bonnie Pierce
Rebecca Proctor
Mr. & Mrs. Jack Shultz
Julie Sjaarda
Sunny Sjaarda
Vickie Sjaarda
Valerie Tinay
Merlyn Marie Smith
Patricia & John Bratsch
Willis Burton
Catherine Cox
Lucinda & Michael Cullers
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Jiffy Lube Wash. Area Co-op
Ginny & Rich Largent
Thomas Musick
The Paulson Family
Carolyn & Larry Presgrave
Donald Rembert
Joy Beales Smith
Rebecca & Howard Spurlock
The Petch Associates, LP
Toth Financial Advisory Corporation
Robin & Scott Trenner
Dr. Jacob Spungin
Clark P. Stevens
Milo Thornberry
Connie Thornberry
Dora Hartwell Stumpfig
Marion Ellis
Irina Tonon
Margaret Tonon
Brian Tucker
Nancy B. Tucker
Louise Tyson
Carol Cornell
Pat Wampler
Phil H. Wampler
Irene Weinwurm
Phyllis Z. Ogof
Arthur Wermann
Laraine Henley
Diane & George McGeorge
Aline & Jerry Norman
Barbara Pagliocca
Dorothy Willis
Dorothy Rainwater, RN
Daisy Mae Young
Mr. Robert Young
WAYS TO DONATE TO THE FACIAL PAIN ASSOCIATION

Donate Online
Visit facepain.org

Donate by Mail
Use the enclosed donor envelope

Donate by Phone
Call us M-F between 9:00 am - 5:00 pm ET
800-923-3608 or 352-384-3600

Donate through PayPal
PayPal.me/facepain

Donate through Facebook
Donate directly through Facebook by visiting our page and clicking the "donate" button @facialpainassociation

Become a Monthly Donor
Join the Sustainer Circle by becoming a monthly donor. Monthly donations are a great way to show your support while helping to defray administrative costs.

Employee Matching Gifts
Many companies will match employee donations which can double or even triple your impact.
Ask your HR representative or visit the following website to see if your organization participates:
matchinggifts.com/r/t

Donor Advised Funds
When you give, you want your charitable donations to be as effective as possible. Donor-advised funds are the fastest-growing charitable giving vehicle in the United States because they are one of the easiest and most tax-advantageous ways to give to charity.

Stocks, Bonds or Mutual Funds
A gift of appreciated securities like stocks, bonds and mutual funds can be a great way to support our mission. When you transfer ownership of securities, you will receive a charitable deduction for the full market value and incur no capital gains tax subject to IRS deductible limitations.

Planned Giving Opportunities
By including us in your will or living trust, naming us as a beneficiary under an individual retirement account or otherwise including us in your estate plan, you will secure the future of the FPA mission and forever be remembered as a member of our Legacy Society.

Workplace Giving/CFC
Workplace Giving Campaigns give employees, their spouses and retirees a convenient way to give to the Facial Pain Association through automatic payroll deduction. Check with your employer today to find out how you can designate the FPA through your Workplace Giving Campaign (FPA EIN#: 22-3071645).

Text
*SupportFPA* to 243-725 to donate

Tribute Gifts
Make a donation in honor or in memory of someone. You can also ask for donations to be made in someone's memory in lieu of flowers for funeral services.

ADDITIONAL WAYS TO SUPPORT

In addition to making a donation to the Facial Pain Association, there are other ways in which you can support the organization. For more information, visit facepain.org and click on “other ways to support.”

- Start a Support Group in your area
- Raise Funds
- Ask others to donate
- Create an Online Fundraising Event
- Create an In-Person Fundraising Event
- Create a Fundraising Campaign on Facebook
- Volunteer With FPA
- Use AmazonSmile when on Amazon
- Help Raise Awareness
- Visit Our Social Media
- Celebrate TN Awareness Day
- Attend or Host an FPA Conference